

CORVALLIS FRIENDS MEETING

FIFTH MONTH (MAY) 2026

ALL ARE WELCOME

Sunday Worship: 10:00-11:00 AM

3311 NW POLK AVE CORVALLIS OREGON 97330-5057 <https://corvallisfriends.org/>

541-829-0867 Email: corvallisfriends@gmail.com

Our Meetinghouse is located within the traditional homelands of the Chepenefa band of the Kalapuya-speaking Nation.

THIS MONTH'S CALENDAR

Sunday May 3

8:30-9:30 AM Silent Walking Worship Willamette Park Picnic shelter, off Goodnight Rd

10 AM Meeting for Worship at the Meetinghouse

11:20 AM Second Hour: ARE Spiritual Book Reviews

Sunday May 10

8:30-9:30 AM Silent Walking Worship Willamette Park

10:00 am Hybrid Meeting for Worship Zoom* and Meetinghouse together

11:40 AM Hybrid Meeting for Business Zoom/CFM (*Bring donations for the Food Bank!*)

Sunday May 17

Note: both 10 AM Meeting for Worship and

11:30 AM Potluck lunch at the Meetinghouse

Sunday May 24

8:30-9:30 AM Silent Walking Worship Willamette Park

10:00 am Hybrid Meeting for Worship Zoom* and Meetinghouse together

11:20 AM: Second Hour: Deepening Spiritual Connections

Sunday May 31

8:30-9:30 AM Silent Walking Worship Willamette Park Picnic shelter, off Goodnight Rd

10 AM Meeting for Worship at the Meetinghouse

Silent Worship every Wednesday at 7 pm, Meetinghouse

*Join Zoom Meetings: [https://us02web.zoom.us/j/84281206597?](https://us02web.zoom.us/j/84281206597?pwd=L1hnbTBpcUp4RC9NSXdERUM3K3FrUT09)

[pwd=L1hnbTBpcUp4RC9NSXdERUM3K3FrUT09](https://us02web.zoom.us/j/84281206597?pwd=L1hnbTBpcUp4RC9NSXdERUM3K3FrUT09) Meeting ID: 864 1766 6994 Passcode: 959966 or phone (253) 215 8782 CFM newsletter comes out on the first Sunday of each month. To subscribe by mail or email, contact corvallisfriends@gmail.com Submit by 25th of each month. Send to same email address. To learn more about Quakers and opportunities for worship and fellowship, visit our website and links at <https://corvallisfriends.org>

Second Hour (and related) programs

On May 3rd, Adult Religious Exploration (ARE) will be hosting another book review second hour! Come share your favorite books with your Friends! A short talk by one of our librarians will also be featured. 11:20 AM. (Yes, this has been postponed several times.)

On 4th Sundays, the Worship and Ministry committee hosts participatory sessions with themes related to “**Spiritual Deepenings**” following Meeting for Worship, September-June. Our shared explorations help us get to know each other and ourselves better.

Coming right up: “Lead With Love”

Willamette Quarterly Meeting Spring Gathering

May 15-17, Camp Lutherwood

There will be no regular Meeting for Business at the Spring Quarterly – we did that in February!
Create Possibilities, Discern Leadings of the Spirit, Act with the Power of Love
New attenders are very welcome.

Online registration ends Thursday April 29.

Go to Willamette willamette.npym.org. or if that doesn't work, <https://sites.google.com/npym.org/willamette-quarterly/home>

And please read the Fact Sheet (FAQ) for what to bring and lots of important information.

For help registering, contact Laura Arcidiacono
larcidiacono2000@yahoo.com or (971) 275-6019

For questions about the Quarterly, contact Helen Park,
helenlpark@gmail.com or (541) 225-8689.

For questions about "Where to from Here" contact Bob Ward,
bobward1948@gmail.com or (541)-908-7598.

**Please save the date! Saturday, October 10, 3-5 pm,
Corvallis, OR Toward Right Relations (TRR) workshop
at Corvallis Friends Meetinghouse, 3311 NW Polk St.**

(details on the following page)

We have much healing to do from the manner in which the land on this continent was colonized. We can participate. Our Toward Right Relations program will be held two days before Indigenous People's Day is honored in Corvallis, so it feels appropriate.

FMI about this Quaker program, please see:

<https://friendspeaceteams.org/trr/https://friendspeaceteams.org/trr/>

Rev. Irv Porter, from Tuallip, WA, will be our facilitator. He is Native himself, and has led this workshop many times.

We have use of the whole building from 2 pm to 6 pm. That gives us time to set up and take down, without being in a big hurry. Would you like to help set up?

We will *not* be able to admit late arrivals, so plan to come well before 3.

Our financial plan is that Corvallis Friends Meeting will accept tax-deductible donations to pay for the cost of the event in advance. Those who come to the event can (and we hope will) contribute financially to a local Native American effort. *Attendance will be limited to 40 people. Registration will happen in September.*

The program involves people reading from the historical record. I am recruiting people with voices that project loudly and clearly to be readers. *Would you like to be a reader?* Please let me know privately. Then, well in advance, we will set up a rehearsal online for a month prior, sometime in mid-Sept.

Laurie Childers
(childers@peak.org)

Local Interfaith events

Every Friday noon - 1 pm: Silent Vigil for Unity and Peace, near 8th and Monroe in Central Park.
Each Saturday noon: Interfaith Prayer & Song Vigil for Peace, Courthouse steps, 4th & Madison.

*

Following the AFSC presentation in January, many expressed a Quaker passion for a fair and humane outcome for Palestinians, and wanting to volunteer effectively. The Corvallis Palestine Solidarity group has ongoing events on these issues. corvallispalestine.org

POSTCARDS FOR PALESTINE: Thursdays, 2:30–5pm Interzone Cafe, 1563 NW Monroe Ave.

WEEKLY RALLY FOR PALESTINE: Saturdays, 12-1pm Benton County Courthouse.

SPEAKER SERIES: Third Sunday of the month, 3-5pm The Bière Library, 151 NW Monroe Ave.

Corvallis Friends Library: Quaker Quicks and Staff Picks

Quakers and Chocolate by Helen Holt

Reviewed by Carmen Brummet

To get into the mood to read this Quaker Quick, I savored a few bites of peanut butter pie from Block 15 with a thick slice of chocolate on top.

Then I dove into Helen Holt's history of the 3 Quaker chocolate makers, George Cadbury, Joseph Rowntree (Kit Kat) and the Fry family (Turkish Delight), bookended by a short history of chocolate and an up-to-date summary of what research shows about the positive and negative effects of chocolate on health. (Artisan plain chocolate is more expensive and each batch varies in flavor, but has greater health benefits.) Joseph Fry, who started as a pharmacist, saw health benefits in cacao, then became a chocolate entrepreneur. Cadbury and Rowntree infused their work as chocolate makers with Quaker values, assuring employees had free access to medical and dental care, social activities, and for younger employees, continuing education, as well as creating charitable trusts, which in part addressed the causes of poverty. Back to the history of chocolate: it appears humans started drinking cacao products almost 4000 years ago. Solid chocolate to eat didn't overtake drinking chocolate until 1919.

Recently NPR, on Throughline, addressed the harsh work involved in cacao farming: *The Bitter History of Chocolate*. In 1909, the Cadbury chocolate company announced they would no longer source their cocoa from Sao Tome, where slaves were coerced into doing the harsh work of cacao farming. Instead, they would begin working with small-scale free farmers in West Africa, where the weather suited cocoa production.

Holt addresses issues today of ecological degradation and destruction of orangutang habitat caused by the cacao industry.

The history of chocolate is bitter and sweet.

HELP the FOOD BANK! HELP OUR NEIGHBORS EAT!

Every month on Third Sunday we collect food for the food bank. As we gather for our potluck, it feels right to think of our less fortunate neighbors. Thank you for participating!

Currently, **toilet paper and diapers**, as well as toothpaste, shampoo, and detergent are most requested.

Food staples are always needed. Potatoes are always welcome. Side dishes (rice dishes, mac'n cheese, hamburger or tuna helpers, etc.) and condiments are in low supply.

If you can't come to potluck, bring your donations to the meetinghouse ahead of time and put them in the box in the Fellowship room. Thank you!

North Pacific Yearly Meeting Annual Session

Corvallis Monthly Meeting is part of *North Pacific Yearly Meeting*. NPYM unites unprogrammed (no hired minister) Quakers from Washington, Oregon, Idaho, Montana, and Wyoming. Each summer we gather for several days of worship, interest groups, talks by a chosen Friend in Residence, a Quaker bookstore, and a delightful "talent show." Like WQM only bigger, this is a great way to get to know more Quakers and more about Quaker process.

This year NPYM's Annual Session will be **July 22nd to 26th**, at Evergreen State College, Olympia, WA. Please save the date!

The theme this year is ***Welcoming Soul and Spirit***

Spirit desperately needs the contributions of each one of us even more right now. In our many different places, we are called to be instruments of peace, love, justice, and compassion

Marcelle Martin will serve as our Friend in Residence.

Come to North Pacific Yearly Meetings Annual Session July 22nd to the 26th in Olympia Washington on the campus of Evergreen State College. We are planning an Annual Session that we hope will enliven your spirit and remind you of our bonds of kinship, and our duty to ourselves and the world we inhabit.

FCNL Report

FCNL requested Friends' Meetings submit our legislative priorities for the coming two years. CFM submitted the following:

War: take all measures to stop killing people; curtail executive war powers; end the wars we've started: stop funding active or proxy engagement in undeclared wars; shrink US military capacity.

Iran, Israel-Palestine, and neighboring countries; stop arms and funding to Israel until they obey international law and support peace processes; promote and fund durable peace with restoration and justice.

Immigration: legislate accountability by ICE and CBC for the rights of all living in the US regardless of status, under Arts. 5 and 15; condition funding on compliance and restitution.

Democracy: legislate to protect the Bill of Rights and rule of law; override SCOTUS and Executive rulings that suppress them; prioritize voting rights, due process, and demilitarizing law enforcement.

Meeting for Worship for Business Minutes Corvallis Friends Meeting (CFM), April 12, 2026

Attenders: Bob Burton (Clerk), Susan Easton (Recording Clerk), Laura Horsey, Jay Thatcher, Wendy Robinson, Nina Joy Lawrence, Verdell, Kathy Miller, Georg Stahl, John Selker, Esther Schiedel, Bob Henderson, Nancy Ewald, Craig Sanders, Abigail Stoughton, Bob Ward, Ann Fuller.

Reading and Opening Silence:

The purpose of our Meetings for Worship for Business is precisely this: we meet not to make decisions, but to build a community of witness. What have we found corporately? The sense of the meeting is not unanimity. I have had the experience of concurring in a sense of meeting with which I disagreed, knowing that it was the sense of the meeting. I have wept, wishing the meeting could go further than it clearly was ready to go, but it clearly was not. But my concurring with the sense of the meeting meant that I accepted my faith community where it was, for it is only in affirming clearly where we are that we can add more on.

Jan Hoffman 1988, (p76 F&P NPYM)

*** Approval of Minutes: Minutes were approved.**

Monthly Treasurer's Report

- A correction to the Treasurer's report substitutes *Willamette Quarterly Meeting (WQM)* for *Rugs* in the Expenses category. A \$285 donation was received; net cost to the Meeting for food, was \$16.00.
- The expense for FWCC was a donation from CFM which was late being cashed. It would normally have been cashed in December or January.
- The lawn mowing expense was for mowing done last summer.

Friends Committee on National Legislation (FCNL)

Friends on the FCNL Action Team solicited comments from the Meeting for priorities it would like to see FCNL pursue for the next two years.

Peace, Justice, and the Environment (PJ&E)

- PJ&E has been talking among its volunteers about whether PJ&E should be a regular committee or remain as a group of volunteers with a coordinator. The group is not in unity on making a change.

Comments by attenders:

- Acting as a committee of the whole, does PJ&E carry the weight which a PJ&E committee might? Does it perform the way it needs to?
- Clarity of purpose is better for effective functioning.
- One Friend hopes the volunteers feel supported to operate as a committee and to report ongoing activities to the Meeting. The amount of attention PJ&E gets could be improved.

No action was taken.

- PJ&E has been meeting the past two months to focus on the situation in Gaza and Palestine. These include a Palestinian and a Jewish speaker brought in to speak to the Meeting, as well as an American speaker who has lived and worked in Palestine. PJ&E has reached out to the Corvallis Jewish community to gain perspective on the issues. It is exploring possible actions Meeting might undertake.
- John Selker and Bob Burton are planning to fly to Washington, D.C. to talk to Oregon's delegation to Congress. They shared "A Proposition to Guide US Engagement with a focus on the conflict between Israel and Palestine."

John explained it as a reframing of the issue whereby all parties can agree to what a peaceful, just outcome looks like. This includes the need to cease warfare in the region, emergency aid, autonomy and sovereignty of all parties, and the necessity to rebuild communities affected by the strife (with schools, hospitals, and farms).

*** Friends expressed gratitude for their labor on the issues of the Middle East conflict and came to unity in supporting John and Bob to carry the Meeting's concerns along with their individual concerns.**

- South Corvallis Food Bank: Wendy R. John S. have ascertained the cheapest toothbrushes available online. An order has been placed. This month, SCFB requests an emphasis on toilet paper and diapers, although any items are welcomed (e.g. shampoo, soap of any sort, condiments, canned food, etc.).

Ministry and Worship (M&W)

Fourth Sunday we will continue Deepening Spiritual Connections. Last month Friends discussed the process of coming to clearness. This month is a continuation of this focus. Friends are welcome to participate even if they have not been coming to the earlier sessions.

Pastoral Care Committee (PCC)

PCC wants Friends to know that it is available for practical support Friends may need, including Clearness Committees and Care Committees.

Family night was held on the second Thursday. PCC provided food and games. They plan to continue, partly as an alternative to Friendly Sevens without the obligation for anyone to prepare a dish for potluck.

Donna Gerry has moved to Eugene. Her daughter, Naomi is finishing clearing out her apartment. Donna came to the previous Ladies Luncheon to share her appreciation of Friends and to say goodbye.

Adult Religious Exploration (ARE)

ARE has given up the past two Sundays to exploration of the issues surrounding Gaza. ARE will return to sharing spiritual book reviews and podcasts the next First Sunday, May 3.

Nominating Committee (Nom Com)

Nominating committee is working to nominate Friends to the various tasks associated with the work of the Meeting. Nom Com requests that Friends be open to serving the Meeting. This work is necessary as we do not have pastors or priests to undertake the work of the Meeting. Or, as one Friend quoted Howard Brinton, "The Society of Friends didn't abolish the clergy. They abolished the laity."

State of Society Report (SoS)

*** The revised State of Society Report was approved.**

A second page of footnotes was added to elucidate the condensed SoS report.

Announcements:

Next Meeting for Business will be May 10

Willamette Quarterly Meeting (WQM) will be May 15-17 at Camp Lutherwood, west of Junction City.

Advices & Queries – Witness

We are glad to tell in words as well as deeds about the Truth and Faith that are in us. We seek fellowship with others of our own faith and with all people, realizing the oneness of humanity under God. Our witness is characterized by humility and a willingness to learn from others. We are constantly reminded that Truth is greater than the knowledge any one of us has of it. God did not put all the fruit on one branch.

We remain open to new leadings of Spirit, while taking care not to outrun our Guide.

Witness calls us into action.

We follow the witness that we are called to, with a whole heart, understanding that no one person can carry the weight of the whole world.

While we seek affinity with others who share the same concerns, we also seek opportunities to find common ground with those who have differing points of view.

Speak Truth to power with love.

- How do our lives testify to our convictions as Friends? What are we doing to share our faith?
- How do we speak Truth tenderly, so that others may hear it?
- What ways do we find to cooperate with people and groups with whom we share beliefs and concerns? Do we listen with Love and respect to those with whom we disagree?
- How do we respect and encourage the witness that arises out of our meetings?
- Are we faithful in witnessing to Truth in our community and to the world?

The Worship and Ministry committee:

Wendy Robinson robburton@comcast.net or (541)-753-6101

Nina Joy Lawrence (541)-231-2432

The Pastoral Care committee:

Abigail Stoughton sabigail@comcast.net or (541) 758-5057

Loreen Olufson olufson4830@comcast.net or (541) 829-9957

John Selker selkerj@gmail.com or (541)-829-0137

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