

CORVALLIS FRIENDS MEETING

SECOND MONTH (February) 2026

ALL ARE WELCOME

Sunday Worship: 10:00-11:00 AM

3311 NW POLK AVE CORVALLIS OREGON 97330-5057 <https://corvallisfriends.org/>

541-829-0867 Email: corvallisfriends@gmail.com

Our Meetinghouse is located within the traditional homelands of the Chepenefia band of the Kalapuya-speaking Nation.

THIS MONTH'S CALENDAR

Sunday Feb 1

8:30-9:30 AM Silent Walking Worship Willamette Park

10 AM Meeting for Worship at the Meetinghouse

11:20 AM Second Hour: Josh Soderlund, Palestine

Sunday Feb 8

8:30-9:30 AM Silent Walking Worship Willamette Park

10:00 am Hybrid Meeting for Worship Zoom* and Meetinghouse together

11:40 AM Hybrid Meeting for Business via Zoom (*Bring donations for the Food Bank!*)

Sunday Feb 15

Note: both 10 AM Meeting for Worship and

11:30 AM Potluck lunch

at the Meetinghouse

Sat. Feb 21st

10 AM – 4:30 PM Willamette Quarterly Meeting winter gathering

at the Meetinghouse (*see inside for registration details*)

Sunday Feb 22

8:30-9:30 AM Silent Walking Worship Willamette Park

10:00 am Hybrid Meeting for Worship Zoom* and Meetinghouse together

11:20 AM: Deepening Spiritual Connections

Silent Worship every Wednesday at 7 pm, Meetinghouse

Adult Religious Exploration normally meets for 2nd hour on the 1st Sunday of each month, and
Deepening Spiritual Connections meets 2nd hour on 4th Sundays.

*Join Zoom Meetings: <https://us02web.zoom.us/j/84281206597?pwd=L1hnbTBPcUp4RC9NSXdERUM3K3FrUT09>

Meeting ID: 864 1766 6994 Passcode: 959966 or
phone (253) 215 8782 CFM newsletter comes out on the first Sunday of each month. To subscribe by mail or email, contact
corvallisfriends@gmail.com Submit by 25th of each month. Send to same email address. To learn more about Quakers and
opportunities for worship and fellowship, visit our website and links at <https://corvallisfriends.org/>

Second Hour (and related) programs

Feb 1st Second hour: Joshua Soderlund will share his spiritual journey with us. He lived in Palestine for some time, has been on the forefront of activism here, sponsoring a family, soliciting donations, went on a hunger strike for awhile, and more. Joshua's presentation will help us develop more definite ideas on how our Meeting can deal with the genocide in Palestine.

Adult Religious Exploration (ARE) invites all to come share your spiritual journeys & helps & bumps along the way, as well as current concerns. These First Sunday events will resume on March 1st at 11:20 AM.

On 4th Sundays, the Worship and Ministry committee hosts participatory sessions with themes related to **“Spiritual Deepenings”** following Meeting for Worship, September-June. Our shared explorations help us get to know each other and ourselves better.

Local Interfaith events

Every Friday noon - 1 pm, Silent Vigil for Unity and Peace, near 8th and Monroe in Central Park.

Every Saturday noon: Interfaith Prayer and Song Vigil for Peace, Courthouse front, 4th and Madison.

Following the AFSC presentation in January, many expressed a Quaker passion for a fair and humane outcome for Palestinians, and wanting to volunteer effectively. The Corvallis Palestine Solidarity group has ongoing events on these issues. corvallispalestine.org

POSTCARDS FOR PALESTINE: Thursdays, 2:30–5pm
Interzone Cafe, 1563 NW Monroe Ave.

WEEKLY RALLY FOR PALESTINE: Saturdays, 12-1pm
Benton County Courthouse.

SPEAKER SERIES: Third Sunday of the month, 3-5pm
The Bière Library, 151 NW Monroe Ave.

HELP the FOOD BANK! HELP OUR NEIGHBORS EAT!

Every month on Third Sunday we collect food for the food bank. As we gather for our potluck, it feels right to think of our less fortunate neighbors.

This month, Cooking oil/salad oil, masa harina, and hearty soups are most requested.

Potatoes are always welcome. Side dishes (rice dishes, mac'n cheese, hamburger or tuna helpers, etc.) and condiments are in low supply.

If you can't come to potluck, bring your donations to the meetinghouse ahead of time and put them in the box in the Fellowship room. Thank you!

Quaker Minstrel Dann Pell's concert March 12

Dann Pell, a musician and member of Exeter Monthly Meeting of Friends in Douglassville, PA will be travelling in Oregon under the care of Exeter Meeting. With guitar and vocals, he will give a concert of *Songs to Ground and Uplift* at our Meetinghouse on the evening of Thursday, March 12th. Please invite friends and Friends!

Corvallis Friends Library: Quaker Quicks and Staff Picks

Common Ground: How the Crisis of the Earth is Saving Us from our Illusion of Separation
by Eileen Flanagan
Reviewed by Nancy Ewald

A Quaker environmental activist and board member/campaign director of EQAT, Flanagan makes a compelling case that those who are powerful (corporations, government oligarchy) control us by the age-old tactic of divide and conquer. By exploiting our differences—racial, ethnic, economic status, age, gender, philosophy, or religion—they gain and keep power and wealth. And as long as we are distracted by the ILLUSION of our separation from each other and from the Earth, we are vulnerable. Only by realizing that we are, in fact, all human and all dependent on this planet for our lives, can we fight back successfully and regain the power we need to resist and to survive the crisis.

Weaving together stories from her travels around the world organizing and attending protest actions, Flanagan shows how pockets of resistance succeed when people recognize that they are part of a shared humanity and of the planet itself. The separateness that we think divides us is in fact an illusion, and the environmental crisis may be the only thing that will save us from that illusion.

Two local events for global nuclear disarmament this month:

Dr Vincent Intondi, Executive Director Of Oregon Physicians for Social Responsibility, will give a lecture on Sat. Feb. 7, at the nearby Episcopal Church, 333 NW 35th St.

On Sunday, Feb 8th, there will be a fundraiser at the Corvallis Museum, 411 SW 2nd St, from 2-4 pm. FMI: www.oregonpsr.org

Newly Revived Winter Willamette Quarterly Meeting

Saturday February 21, 2026

~10:00 am to ~4:30 pm, with casual time before and after

Corvallis Friends Meeting House – 3311 NW Polk Avenue, Corvallis

Cost: A \$10.00 contribution per person will be welcome.

Yes, we'll conduct a spirit-led dive into the business of WQM, including the finances and matters that emerged from WQM 2025.

But not to worry, we will play, move, laugh, learn, share a meal, feel the warmth of Friendship, and strengthen our beloved community by reviving this mid-winter tradition.

Willamette Quarterly Meeting <http://willamettequarterly.org/>

REGISTRATION IS OPEN NOW through FEBRUARY 15th

Laura Arcidiacono is taking registrations by email, phone or message. *To save following up, please answer all 6 questions, even if the answer is “No” or “None.”*

1. Your name and the names of others attending with you. *Speak slowly and clearly by phone.*
2. Your email address and phone number for confirmation. *Speak slowly and clearly by phone.*
3. Ages of people under 18 (or “None”)
4. Dietary requirements for the lunch. What? (or “None”)
5. Overnight Lodging needed? “Yes or No”
 - If yes, which night(s)? Friday February 20 / Saturday February 21.
 - Other requests, e.g., as a guest in a Friends’ home; advice about motels/B&B; pet allergies; etc.
6. Anything else we should know? E.g., mobility, hearing, late arrival, whatever.

To register contact Laura Arcidiacono, larcidiacono2000@yahoo.com

Cell: 971-275-6019; Landline: 503-692-2904

North Pacific Yearly Meeting Annual Session

Corvallis Monthly Meeting is part of *North Pacific Yearly Meeting*. NPYM unites unprogrammed (no hired minister) Quakers from Washington, Oregon, Idaho, Montana, and Wyoming. Each summer we gather for several days of worship, interest groups, talks by a chosen Friend in Residence, a Quaker bookstore, and a delightful “talent show.” This is a great way to get to know more Quakers and more about Quaker process.

This year NPYM’s Annual Session will be **July 22nd to 26th**, at Evergreen State College, Olympia, WA.
Please save the date!

Minutes of the Corvallis Friends Meeting for Business

1/11/2026

Attendance: Bob Burton (Clerk), Susan Easton, Nancy Ewald, Nina Joy Lawrence, Jay Thatcher, Laura Horsey, Wendy Robinson, Marybetts Sinclair, Bob Ward, Kathy Miller, Don Groom, John Selker (Recording Clerk), Loreen Olufson, Georg Stahl, Carmen Brummet, Esther Schiedel.

Reading followed by opening Silence:

Our Meeting Community as we Corvallis Friends structure it, in order for it to continue to thrive, depends on the labor of its members doing a variety of tasks and services. Being involved with these "jobs" helps us knit together with the other members of the community in love, and elevates our spiritual sharing. Sharing the burdens of the Meeting is an integral part of our spiritual life together. Our meeting community is needed by all of us regardless of our ages, in this individualistic society. We celebrate our community as a source of social support, as well as of spiritual strength, enhancing our ability to look out into a wider world. (Robert Burton January, 2026)

The minutes of the December meeting were approved.

Treasurer's report highlights: There were large end of year contributions. Paying off the van of James is a temporary entry until the title clears. The balance minus December donations (about \$23,000) ends us with about \$12,400 balance. This balance compares to \$9-10,000 at the end of 2024, so we are in slightly greater reserves than last year. **The report was accepted.**

Hosting AFSC Teams - Report by Bob Ward. The AFSC group will meet with us January 24 at the Parks and recreation Corvallis Community Center (C3) facility at a cost of \$140. Bob Ward is asking if the meeting would be willing to cover this cost. **This was approved.**

Hosting Quarterly Meeting on Saturday Feb 21 - we now have childcare for the meeting to be provided by Amalia. More complete details are found in the committee report.

Worship and Ministry report (attached and comprehensive). They ask the meeting not prompt people to ask about who needs to be held in the light at the end of meeting - these sharings are welcome, but will no longer be prompted. **This suggestion was warmly welcomed and accepted.**

Adult Religious Education - upcoming programs were presented related to the Palestinian situation with an objective of helping the meeting come to a vision for how to address the suffering.

Pastoral Care Committee - John Selker presented the role of the committee (attending to the physical and emotional care needed by people in the meeting) and invited people to bring their needs forward and to let them know that they may be called upon to serve on care committees.

Peace Justice and the Environment Nancy Ewald reported - announced the results of the food bank efforts (report attached).

A concern arising -Nina Joy - asked that people consider an action to support The Maids service that cleans our Meeting House. The largely Latina workers are full of fear of ICE in light of the fact that there have been local arrests, and the business has not yet engaged with available education programs like that provided by Lorena Reynolds' team. She proposes two or more people going to the offices of Maids to share the information we got in our training by Lorena, and our concern for the business and their workers. There was excellent discussion. **The Meeting approved the creation of an ad hoc committee**

to undertake outreach to The Maids company to let them know their rights as a business, and how they can support their workers to learn about their rights as immigrants. Nina Joy, Marybetts Sinclair and Wendy Robinson agreed to serve on this committee.

Library Committee – Nancy Ewald reporting - Provision of the Faith and Practice book to the meeting. Who is given these books? Who decides when and to whom they are provided? The sense of the meeting was that this book should be freely available to all who might be interested in having a copy. John has ordered 10 copies to be put on the shelf to be distributed. Esther suggests that one or more copies be placed on the table in the worship room with a sign to welcome people to take a copy. Wendy suggests that at a minimum people should be given a copy when they ask to join the meeting. The Meeting decided that this book would be via “liberal distribution to all who might find it of service. Fresh copies will be purchased by the Meeting as needed by the Pastoral Care Committee.”

House and Hospitality – Marybetts Sinclair reporting - improving the kitchen function by building of a shelf unit to go on the wall above the counter at its north end, to hold teas, coffee, condiments, paper towels, etc., in the goal of increasing counter space by removing clutter from that end, making condiments more accessible, and making it easier to make hot drinks. She is awaiting an estimate for this shelf unit from carpenter Kit Kirksley who came and took measurements and will develop an estimate. John Selker, volunteer coordinator of major meeting house maintenance, asked to be engaged in this process.

Announcements: There will be a downtown Jan 20 protest against fascism; Kathy Miller asks if announcements of these kinds can be posted on the bulletin board, and this was welcomed.

Next Meeting for Business: 2/8/2026

Exclusive Film Screening: *How to Poison a Planet*

Presented by the College of Engineering and
the Clean Water Technology Initiative

Thursday, Feb. 5, 6:30 to 9 p.m.

Whiteside Theater

361 SW Madison Ave, Corvallis, OR

Across the globe, access to clean water is threatened by population growth, climate change, industrial and agricultural pollution, and other pressures. Join us for an exclusive film screening of the award-winning documentary *How to Poison a Planet*, followed by a panel discussion with field experts and stakeholders.

This groundbreaking film examines the use and spread of PFAS and other fluorinated compounds — human-made “forever chemicals” that never break down and now contaminate waterways, farmland, and communities worldwide, including the drinking water of 200 million Americans.

With behind-the-scenes access to the largest litigation involving drinking water in American history, *How to Poison a Planet* investigates how the use of a product as seemingly harmless as firefighting foam, has resulted in the contamination of communities all over the world. Spanning from the heart of New York City to a small First Nations community in Australia, the film exposes one of the most widespread environmental disasters in human history.

Register here: https://oregonstate.qualtrics.com/jfe/form/SV_1SUvBU5nBNfLuVU

Advices & Queries - Unity

Unity is found in God's will. If we are divided, when we listen in the Spirit together the way forward will become clear.

Each of us has particular transcendent experiences, and each must find ways to be true to them. When an expression of that experience is strange or disturbing, we try to sense where it comes from and how it might nourish the lives of others.

People understand the Divine in many different ways.

Listen patiently and seek the truth which other people's opinions may contain for you. Avoid using hurtful criticism or language chosen to provoke anger or fear.

Do not allow the strength of your convictions to betray you into making statements or allegations that are unfair or untrue.

Think it possible that you may be mistaken.

Cultivate affectionate regard and mutual care for each other.

Look for times and occasions in addition to meeting on first days to gather together affirming a common life that leads to a deeper unity.

- When problems and conflicts arise, how do we work to resolve them in a spirit of love and humility?
- How do we let go of our individual desires and let the Holy Spirit lead us to unity?
- How do we open ourselves to the diversity of culture, language, and expressions of faith in our yearly meeting and in the world community of Friends?
- How do we respect the reputations of others? Do we avoid gossip? Do we protect necessary confidentiality?
- How careful are we to avoid manipulating and exploiting one another?

The Worship and Ministry committee:

Wendy Robinson robburton@comcast.net or (541)-753-6101

Nina Joy Lawrence (541)-231-2432

The Pastoral Care committee:

Abigail Stoughton sabigail@comcast.net or (541) 758-5057

Loreen Olufson olufson4830@comcast.net or (541) 829-9957

John Selker selkerj@gmail.com or (541)-829-0137

Ann Fuller afuller@wefu.org or (213) 712-2299